

Hello!

If you are reading this, then that means your child has some interest in being part of our competitive cheer team! Tryouts for 2022-2023, season will be mid-May (tentatively May 14th & 15th). We offer 3 different commitment levels. Our Mini team, our Prep level teams, or our NEW ELITE TEAM! The first year is the hardest financially, as the student will need uniform, bow, makeup, shoes and the team jacket. From there we will be keeping the jackets until your child outgrows and needs a new one and we will get new mini and prep uniforms for our 2023-2024 season. Below you will find requirements and information about each team!

BOOSTER CLUB OPTION: We do have access to a booster club! This is the best way to help families financially with the team! You can sign up to work for events such as concerts, Sporting KC games, I believe they did the Race track, etc. So many options! All of the money from these jobs will be applied directly to your child's account to help pay for expenses. Lots of families will bring mom, dad, 18 and over siblings, etc to all work the same game and make a bunch in one go! VERY RECOMMENDED. One family has paid every expense the last 2.5 years through events from the booster club!!

Mini Team Description: Our mini team is made up of 5-8 year olds and are 100% local. They attend 3 competitions with the hopes of qualifying for the US Finals in April. The youngest we can take is 5 years old (born in 2016 or later). Being part of an All-Star cheer program is a big commitment. We work them hard and it isn't easy, but it is a wonderful experience and so much fun! For me and the kids ;)

**For any students wanting to participate in both NAC Stars and our Mini Cheer team, they would be required to take one more NAC team class to learn their routine.

Practice/Cost for MINI team: Levels 4 and under Ages 5-8 Birth years: 2013-2016	<i>Required- Cheer practice time cannot be made up and is required to attend every week.</i>	<i>Price</i>
<i>Weekly Practice</i>	1 level tumbling class + 2- 1 hour Cheer Routine Practices (one weekday and Sunday)	3 hours per week \$163/month
<i>Top Tumble Team tryout Fee</i>	Due at tryouts with tryout packet	\$30 one-time fee
<i>USASF Membership Fee</i>	Paid online to USASF when you register	~\$50
<i>Competitions</i>	3 competitions +potential for US Finals	~\$80-\$100 per comp
<i>Shoes</i>	Order on own, all white, I prefer Nfinity/Rebel but not required	~\$70-\$90
<i>Practice Gear</i>	Sports bra and/or Tankini and shorts	~\$35-\$40 per set
<i>Competition Uniform+Bow</i>	Will keep through 2022-2023 season	~\$250
<i>Extras</i>	Make-up and hair	~\$40
<i>Team Jacket</i>	Used until they outgrow (+\$8 for name) (+\$5 team name)	~\$55 +add ons
<i>Team Backpack (Optional)</i>	~\$45 base (\$8 to add name)	~\$45 +add ons

Summer Requirements: Minis are required to take one summer tumbling class and will have an OPTIONAL Stunting/Jumps class!

Cheer Bootcamp Weekend: In late August the students will be required to attend a Choreography boot camp! This is 100% a requirement. These will be long days for the kids so prepare for that. I will know dates for boot camp weekends hopefully by tryouts. (Fingers crossed!) It will be a full Saturday and Sunday (approx. 4 hours each day!)

Competition Requirements: There are 3 local competitions from December -March and then US Finals is typically in April! I like to have one a month(ish) to give the kids time to hear judges scores and comments and to make improvements before the next competition. I also like to have the first competition before the start of the new year so all new students can get a feel for it before we get going hard in the spring! **All athletes are required to be at all competitions and the awards following the performance.** These competitions could be held Friday, Saturday or Sunday. We will not know until potentially a few weeks before competition. Please plan to block out the whole weekend once the 2022-2023 schedule is sent out. I will hopefully have most of the possible comps by tryouts, but competitions we are attending will not be confirmed until early August. *There will be a \$20 fee applied to your child's account if they miss a practice 2 weeks leading up to competition without a doctor's note or positive Covid test proof.*

Prep Teams Description: Our prep teams start as young as 5 years old. We suggest being in level 4 for these teams, although we accept level 2 & 3 students also. They attend 3 competitions with the hopes of qualifying for the US Finals in April. The youngest we can take is 5 years old (born in 2016 or later) and tumbling level requirements are listed below! Being part of an All-Star cheer program is a big commitment. We work them hard and it isn't easy, but it is a wonderful experience and so much fun! For me and the kids ;)

****For any students wanting to participate in both NAC Stars and our Prep Cheer teams, NAC can count as one of the required tumbling classes if level 5 or higher.**

Practice/Cost for Prep Team(s): Levels 4 and Up	<i>Required- Cheer practice time cannot be made up and is required to attend every week.</i>	<i>Price</i>
<i>Weekly Practice</i>	Check monthly costs based on your child's tumbling level	
<i>Level 4 Tumbling</i>	1 level tumbling class + 2- 1.5 hour Cheer Routine Practices (one weekday and Sunday)	4 hours per week \$193/month
<i>Level 5 and 6 Tumbling</i>	2 level tumbling class + 2- 1.5 hour Cheer Routine Practices (one weekday and Sunday)	5 hours per week \$227/month
<i>Levels 7 and Up</i>	2 level tumbling class + 2- 1.5 hour Cheer Routine Practices (one weekday and Sunday)	6 hours per week \$247/month
<i>Top Tumble Team tryout Fee</i>	Due at tryouts with tryout packet	\$30 one-time fee
<i>USASF Membership Fee</i>	Paid online to USASF when you register	~\$50
<i>Competitions</i>	3 competitions +potential for US Finals	~\$80-\$100 per comp
<i>Shoes</i>	Order on own, all white, I prefer Nfinity/Rebel but not required	~\$70-\$90
<i>Practice Gear</i>	Sports bra and/or Tankini and shorts	~\$40 per set
<i>Competition Uniform+Bow</i>	Will keep through 2022-2023 season (some used available)	~\$380 new
<i>Extras</i>	Make-up/Hair	~\$40
<i>Team Jacket</i>	Used until they outgrow (+\$8 for name) (+\$5 team name)	~\$55 +add ons
<i>Team Backpack (Optional)</i>	~\$45 base (\$8 to add name)	~\$45 (+\$8 name)

Summer Requirements: Prep teams are required to take one summer tumbling class and one team Stunting/Jumps class. All classes will be held M-Th.

Cheer Bootcamp Weekend: In mid- August the students will be required to attend a Choreography boot camp! This is 100% a requirement. These will be long days for the kids so prepare for that. I will know dates for boot camp weekends hopefully by tryouts. (Fingers crossed!) It will be a full Saturday and Sunday

Competition Requirements: There are 3 local competitions and then the US Finals is typically in April! I like to have one a month(ish) to give the kids time to hear judges scores and comments and to make improvements before the next competition. I also like to have the first competition before the start of the new year so all new students can get a feel for it before we get going hard in the spring! **All athletes are required to be at all competitions and the awards following the performance.** These competitions could be held Friday, Saturday or Sunday. We will not know until potentially a few weeks before competition. Please plan to block out the whole weekend once the 2022-2023 schedule is sent out. I will hopefully have most of the possible comps by tryouts, but competitions we are attending will not be confirmed until early August. *There will be a \$20 fee applied to your child's account if they miss a practice 2 weeks leading up to competition without a doctor's note or positive Covid test proof.*

Diamond Elite Teams Description: This team is suggested to have at least one year of prep experience as well as being in level 7 or higher, although some level 6 could make this team. They will attend the 4 local competitions that Prep and Mini teams compete at. Then will do one traveling that is driving distance and one End of Season Event of either D2 Summit at Disney in Orlando, or Summit Regionals. This team is very competitive. Practice is mandatory, workouts/stretching is required outside gym time. There will be a fee of \$10 added to your account for any practice missed without a doctor's note or proof of positive covid test.

Practice/Cost for Elite Team: Levels 7 and up	<i>Required- Cheer practice time cannot be made up and is required to attend every week.</i>	<i>Price</i>
<i>Weekly Practice</i>		
<i>Level 6</i>	2 level tumbling class + 2- 2 hour Cheer Routine Practices (one weekday and Sunday)	6 hours per week \$247/month
<i>Levels 7 and Up</i>	2 level tumbling class + 2- 2 hour Cheer Routine Practices (one weekday and Sunday)	7 hours per week \$267/month
<i>Top Tumble Team tryout Fee</i>	Due at tryouts with tryout packet	\$30 one-time fee
<i>USASF Membership Fee</i>	Paid online to USASF when you register	~\$50
<i>Competitions</i>	3 local competitions	~\$100 per comp
<i>2 Traveling Competitions</i>	1 driving distance, 1 flying (Orlando if we get a bid!)	~\$100 entry fee
<i>Shoes</i>	Order on own, all white REBEL/INFINITY	~\$70-\$120
<i>Practice Gear</i>	Sports bra and/or Tankini and shorts	~\$40 per set
<i>Competition Uniform+Bow</i>	Will keep through at least 2, but possibly 3 years.	~\$500
<i>Extras</i>	Make-up/Hair	~\$40
<i>Team Jacket</i>	Used until they outgrow	~\$55+ addons
<i>Team Backpack (Optional)</i>	~\$45 (\$8 to add name)	~\$45 (\$8 to add name)
<i>Coaches Fees</i>	due August 1st \$200/1st athlete, \$100 for additional siblings (refunded if no travel is required) non refundable	\$200

Summer Requirements: Elite teams are required to take one summer tumbling class and one team Stunting/Jumps class. All classes will be held M-Th.

Cheer Bootcamp: This will most likely be during the week in early-mid August. The students will be required to attend a Choreography boot camp! This is 100% mandatory. These will be long days for the kids so prepare for that. I will know dates for boot camp hopefully by tryouts.

Competition Requirements: Diamond Elite Competitions are 2 day competitions. They will be required to be there Saturday and Sunday to compete both days. There will be 4 local competitions that are the same as the prep teams, then there will be 2 traveling competitions. One easy driving distance and one flying. D2 Summit in Orlando is usually early May and Regional Summit is usually Mid-April. **All athletes are required to be at all competitions and the awards following the performance.** *There will be a \$20 fee applied to your child's account if they miss a practice 2 weeks leading up to competition without a doctor's note or positive Covid test proof.*